

## Introduction to Working with Addictions



32.5 hours across 5 days – a professional development unit for counsellors and other allied health professionals

**Limited places, book early!!!**

**2022 Dates:** 24, 25, 27, 28, 29 January 2022

**Time:** 9.30am–4.30pm

**Cost:** \$1,000

### Overview

Using a range of methods this unit provides a framework for counselling across a range of addictive behaviours, including alcohol and other drugs. The aim is to develop skills in assessment related to addictive behaviours and relevant counselling approaches when working with this population. The evidence for and against selected techniques is analysed. The principles of working with the voluntary/non-voluntary client is explored.

The unit also examines counselling modalities where there is comorbidity and the challenges of working with a dual diagnosis. Students will reflect on their values and attitudes and the impact on counselling practice.



<sup>^</sup> Attendees will join Master of Counselling students completing this unit as part of their degree training. Part of Session 1 will address degree student assessment requirements.

## Learning Outcomes

- Demonstrate specific assessment and referral skills for counselling clients effectively within the context of addictions.
- Articulate personal attitudes towards addictions
- Demonstrate understanding of co-occurring addictions and mental health issues.
- Understand and apply the concepts of addiction and dependency to case studies.
- Outline ethical considerations when working within the field of addictions.
- Identify and apply effective strategies for treatment and relapse prevention.



### Presenter

#### Mark Stevens

Cert IV AOD, Fine Arts & TAE. Grad Dip Counselling & Psychotherapy

Mark Stevens has been a lecturer in Addictions

& group facilitator within tertiary institutions over the past 10 years. He has also worked as a Drug and Alcohol counsellor, both within public and private treatment settings and in private practice. Mark previously held the role of Addictions Program Coordinator at Wesley Private Hospital over the past 10 years and now runs his own private Counselling and Psychotherapy practice.

#### Research Interests

Working with Addicted individuals and their loved ones primarily from an existential and philosophical framework with influences drawn from Family Systems and early Attachment Styles.

### Location

Excelsia College 69-71 Waterloo Road Macquarie Park NSW 2113. The College is a secure site. Upon arrival please come to the front door where a College representative will be waiting to direct you to the correct location. There is ample on-site parking available. Macquarie Park Station is approximately 5-7 minutes from the College. Bus routes also stop outside the College.

### Meals and Facilities

Meals are the responsibility of attendees, with Macquarie Park shopping Centre within walking distance of the College. A student centre meals area is available, which include teas and coffee making facilities, a microwave, fridge. Bathroom facilities are available on site.

### Cancellation Policy

Excelsia College reserves the right to cancel the PD unit in the event of insufficient numbers, presenter illness and/or due to unforeseen events outside the control of the College. In the event this occurs, attendees will be notified and will receive a full refund.

Attendees are required to finalise their payment by the due date. Attendees may withdraw from the PD no later than one week before the commencement of the PD. While it is acknowledged that life circumstances can unexpectedly prevent people attending, there is no provision for a refund after 17 January 2022.

Attendees wishing to withdraw from the PD must put this request in writing, and submit by email to [student.services@excelsia.edu.au](mailto:student.services@excelsia.edu.au)

## Registration Details

**Counselling PD Name:** PD590 Introduction to Working with Addictions **Unit Period:** 2022 Summer 24, 25, 27, 28, 29 January 2022

**Cost:** \$1,000 **Final Payment Date:** 17 January 2022 **Final Withdrawal Date without Financial Penalty:** 17 January 2022

Please send your completed registration form to: [student.services@excelsia.edu.au](mailto:student.services@excelsia.edu.au)

Upon receipt you will be issued a tax invoice with payment details and a receipt when payment is made.

For enquiries, please contact [student.services@excelsia.edu.au](mailto:student.services@excelsia.edu.au) or telephone (02) 9819 8862.

Name

Employer/Company Name

Address

Email

Telephone

Gender

Male

Female

Australian citizen/permanent resident

International

Date of birth