



EXCELSIA  
COLLEGE  
— Sydney —



**Dr Dion Khlentzos**

*PhD, BSc Hons (Psych), BA Grad  
DipEd, Grad Dip Counselling,  
MAPS*

**Senior Lecturer**

### **BIOGRAPHICAL DETAILS**

Dr Dion Khlentzos has been a lecturer, researcher and manager within tertiary institutions for 12 years. He has also worked as a counsellor, both within organisations and in private practice. Dion has had previous roles as Program Manager and Program Director within a tertiary institution, as well as the Counsellor Trainer with the Salvation Army's crisis telephone counselling service. Dion is the Senior Lecturer for the graduate counselling programs at Excelsia College.

### **EDUCATION**

Dion holds a Doctorate in Psychology and Mental Health through the School of Education at Western Sydney University. He also has a Bachelor degree majoring in Mathematics and Statistics, a Bachelor Honours degree majoring in Psychology, and Graduate Diplomas in Education and Counselling.

### **RESEARCH INTERESTS**

Dion's principal research interest is in the area of developing emotion-focused parenting programs for fathers recovering from addictions. More broadly, Dion has research interests in the areas of mental health in families and communities.

### **CURRENT PROJECTS**

Dion is currently part of a research team associated with Western Sydney University, which is conducting a study examining the effects of an alcohol reduction program on senior secondary school students in Sydney.

Dion is also co-authoring a paper with Dr Brenda Dobia at Western Sydney University on the implications of parenting programs for fathers recovering from addictions for the reduction of domestic and family violence.

### **ASSOCIATIONS**

Dion is a registered psychologist with AHPRA and is a member of the Australian Psychological Society (APA).

### **SELECTED PUBLICATIONS:**

#### **BOOK CHAPTERS**

Dobia, B., Arthur, L., Roffey, S., Jennings, P., Khlentzos, D.S., Parada, R. & Sheinman, N. (2019). Implementation of social and emotional learning. In *Social and Emotional Learning in Schools, Chapter 7*. Vancouver: UNESCO.

#### **CONFERENCE PAPERS**

Khlentzos, D.S. (2013). Fathers and their relationships with their children. Men's Health Conference, Brisbane.

Khlentzos, D.S. (2014). An empathic parenting program for fathers with addictions. Australian Institute of Family Studies, Melbourne.